



# Orientation Packet

SYL Kids Cook-Off Competitions will be scheduled throughout the year as a fundraiser and will include a variety of age groups.

SYL *Kids-in-the-Kitchen* staff will choose applicants, select a dish/category to make, judge entries and reward top winners.

***Share your love for cooking and a chance to be a top winner at  
the SYL Kids Cook-Off Competition!***

# About the Cook-off Competition

## Competitors must:

1. Live in Yamhill County
2. Be in 5th – 8th grades
3. Read the KITK Rules & Guidelines
4. Waiver of Liability and Release signed by parent/guardian



In this round, the Dish or Special Ingredient(s) must be included is:

## Pumpkin

## To Apply: Make Audition Video

1. Competitors will register at [www.seeyalater.org](http://www.seeyalater.org)
2. Send an Audition Video that is **no more than 3 minutes** to:  
<https://www.dropbox.com/request/KPtVnZQqqa7vwg7sVuEp>
3. Audition Deadline is **November 5, 2020.**
4. Include the following in your Audition Video:
  - 1) My name is \_\_\_\_\_.
  - 2) I am in the \_\_\_\_\_ (grade)
  - 3) I live in \_\_\_\_\_ (city)
  - 4) How often do you cook? \_\_\_\_\_.
  - 5) My favorite dish to make is \_\_\_\_\_.
  - 6) The most complicated dish I have made is \_\_\_\_\_.
  - 7) The Dish I make the most is \_\_\_\_\_.



### Audition Videos will be judged on: (maximum of 7 points)

1. Includes appropriate video length and the 7 items listed above: 1 point
2. Presentation/Charisma: 1-3 points
3. Cooking Experience: 1-3

**TOP 5:** SYL KITC Staff will select and notify the 5 top Competitors to join the SYL Kids Cook-Off Competition! Good Luck!



# What to do Next

## 2 Steps for chosen Competitors moving forward

### Videotape making your Dish and Bring Dish to Judges Day

#### Step 1: Create a Video

- A. Create a Video making your dish.
- B. Keep **Video under 20 minutes**, if possible.
- C. Video Format options: We will send you a Dropbox Request Link (you should be able to select your video and send it. You don't have to have a Dropbox account)
- D. Video must show competitor preparing the dish (eliminating cook-time)
- E. Video due **November 17th, 2020**.
- F. Only the SYL KITK Staff will view Videos (no judges) until after competition is over, then videos may be added to SYL website/social media.
- G. Include the following in your Cooking Video:
  - 1) My name is \_\_\_\_\_.
  - 2) Today, I have made for you \_\_\_\_\_.
  - 3) Share ingredients used in dish.
  - 4) Share how to make your special dish.



#### Cooking Video will be judged on: (maximum of 13 points)

- 1. Include all 4 items in section "G" within the Video as well as appropriate Video length: 1 point
- 2. Presentation: 1-3 points
- 3. Clear communication/Easy to follow: 1-3 points
- 4. Preparation: 1-3 points
- 5. Skill: 1-3 points

#### Step 2: Judging Event

- A. Deliver the dish to Judging location.
- B. Participants will be asked to prepare an introduction of their dish to judges and audience during the competition.

#### Entries will be judged on: (maximum of 20 points)

- 1. Overall Taste: 1-5 points
- 2. Texture: 1-5 points
- 3. Attention to Theme/Special ingredient: 1-5 points
- 4. Presentation: 1-5 points



# Judging Event Details

**Judging Date:** Saturday, November 21<sup>st</sup>, 2020

**Time:** 10:00am to 11:30am

**Judging Location:** TBD in McMinnville, Oregon 97128

- We can social distance nicely as well as the judges.
- We have canopies for shade.
- If your entry needs refrigerated, we can accommodate.

**Entry Dish:** \_\_\_\_\_

- A Refrigerator may be available

## **Prizes:**

### **1st Place:**

Kitchen Basket with a \$100 VISA Gift Card and a KITC Certificate

### **2nd place:**

Kitchen Basket with at \$50 VISA Gift Card and a KITC Certificate

### **3rd Place:**

Kitchen Basket \$25 VISA Gift Card and KITC Certificate



\*all participants will receive a mystery gift

# SYL Kids Cook-Off Competition Rules & Guidelines

1. Competitors should not have helpers.
2. Competitors will bring Waivers signed by parents/guardians to Judging Event.
3. The Entry Dish/Item will be made at competitors' location; for example: home kitchen, Grandma's kitchen or restaurants.
4. Entries must be homemade to the best of your ability. Store bought items must be *integrated* within your own creations, rather than stand alone. Premade ingredients such as: Whipped cream, fruit/savory fillings, crusts, etc. will be penalized up to 5 points.
5. Competitors will bring entry dish/item to Judge's location.
6. Competitors will place their entry on the display table at the designated spot under their name and title of dish.
7. Depending on Judges Location, refrigeration or microwave/ovens may not be available. KITCK staff will inform competitors of this availability.
8. The Judges panel may consist of 3-5 Judges. Judges should not be related to any of the contestants.
9. Judges may be local chefs or restaurant owners, culinary teachers, etc.
10. The actual Judging may be video-taped, and pictures will be taken for advertising and sharing with our community and sponsors.
11. After the Judges have had some time to evaluate the entries, scoring sheets will be collected and KITCK staff will tally the votes, along with Video scores.
12. In the event of a tied score, the Entry with the highest score for 'taste' will be declared the Entry with the higher score.
13. First, second, and third-place Winners will be announced. Prizes will be handed out.
14. Photos will be taken of all participates and top winners.
15. Applicants may re-apply for future competitions.
16. We will be following the Center of Disease Control (CDC) and local health department guidelines with regard to social distancing practices in order to reduce the spread of Novel Coronavirus, or COVID-19. This will require our staff and volunteers to maintain six (6) feet of distance between ourselves and you, the client, as much as possible. It is also required of everyone to either wash or sanitize their hands after using the restroom, sneezing and coughing.





## Recipe for Kindness

Mix together equal parts:

- ❖ Friendliness
- ❖ Helpfulness
- ❖ Laughter
- ❖ Encouragement
- ❖ And love

Enjoy this treat and pass it on if you can.

## Contact Info

### [See Ya Later" Foundation](#)

PO Box 1281 | 1016 NW Adams St. | McMinnville, OR 97128 | 503-434-1730

*Inspiring Youth ~ Encouraging Families*

<https://www.facebook.com/SeeYaLaterFoundation/>

[www.SeeYaLater.org](http://www.SeeYaLater.org)

# Waiver of Liability and Release



## Preamble:

This Release is intended to release and discharge **SYL Foundation and Kids Cook** (Released Parties) from all damages, actions, claims and liabilities of any nature, specifically including, but not limited to, damages, actions, claims and liabilities arising from or related to the negligence of the Released Parties. I further agree to indemnify, hold harmless, and defend SYL Foundation and Kids Cook. and each of the other Released Parties from and against any loss, damage, liability, and expense, including costs and attorney's fees, incurred by SYL Foundation and Kids Cook. or any of the other Released Parties as a result of my using the Facility, participating in the Activities, or participating in any other activity sponsored by SYL Foundation and Kids Cook.

Initials \_\_\_\_\_

## Assumption of Risk:

If you have any questions, have them answered before signing this document. In consideration of being permitted to participate in **Kids Cook**, a program of **See Ya Later Foundation (SYL)**, I, in full recognition and appreciation of the dangers and risks inherent in such activities, do hereby waive, release, and forever discharge **Kids Cook**, its officers, agents and employees from and against any and all claims, demands, action or causes of action for costs, expenses or damages to personal property or personal injury, or death, which may result from my, or my child's, participation in these activities.

I understand and admit that my/my child's participation in a **Kids Cook** cooking contest is voluntary. I assume full responsibility for any injuries or damages resulting from my participation in this program including, responsibility for using reasonable judgement in all phases of participation of the program, and travel from cooking location. I recognize and understand that the activities may be hazardous, that participation is solely at my own risk, and that I assume full responsibility for any resulting injuries and damages.

I affirm that my child is in good health. I further declare that my child is physically fit and capable to participate in such activities. I acknowledge that it is in the recommendation of **Kids Cook** that my child obtain general medical/health insurance if I am not already covered. I understand that it is my responsibility to notify the appropriate person in the workplace or event host(s) of emergency medical information. I also understand that this Waiver of Liability and Release binds my heirs, executors, administrators, and assigns as well as myself. I acknowledge that I have read and understand this entire Waiver of Liability and Release, and I agree to be legally bound by it.

Initials \_\_\_\_\_

**Photo Release:**

I hereby give permission for my child to be photographed during the any class/event at **Kids Cook**. I understand the photos will be used to keep a journal of activities, to share during power point presentations and/or reports to our donors and for promotional purposes including flyers, brochures, newspaper and on the internet. I understand that although my child's photograph may be used for advertising, his or her identity will not be disclosed, I do not expect compensation and that all photos are the property of **SYL and Kids Cook** and its affiliates.

I further grant full permission to use my child's name, photograph, likeness, biography, voice and/or video for promotional purposes, including, but not limited to, on line and on-air announcements, weekly circular ads, signage, posters, television, magazine articles, websites, social media sites, and any other publications used by SYL and Kids Cook at the discretion of SYL and Kids Cook and without additional compensation or consideration, except where prohibited by law.

**SYL, Kids Cook** and its co-organizers are not responsible for lost or damaged personal property. All scheduled events/classes are subject to change. I understand that no fees will be refunded or transferred unless a child is unable to participate due to an accident or illness per physician orders. Children's' photos and quotes may be used for publicity purposes.

**Initials**\_\_\_\_\_

**COVID-19 Acknowledgement and Affirmation:**

I affirm that I and my child are in good health. I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. I attest that I and my child:

- are not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- have not traveled internationally within the last 14 days.
- have not traveled to a highly impacted area within the United States of America in the last 14 days.
- have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19
- have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.
- are following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.



**Medical Release:**

In case of an emergency, and if a family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel (i.e. EMT, First Responder, and/or Physician).

**Initials** \_\_\_\_\_

THIS RELEASE IS A BINDING LEGAL CONTRACT, PLEASE READ IT CAREFULLY BEFORE SIGNING.

DATED: \_\_\_\_\_

NAME OF CHILD: \_\_\_\_\_

CHILD'S DATE OF BIRTH: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_